Nutri-Cereal Crops
Pearl Millet/ Bajra

Other names- Bajra, Sajji, Bajri, Kamboo, Sajjalu

Rajasthan(51%), Maharashtra(15.3%), Gujrat(10.6%), Uttar Pradesh(9.2%)

Benefits:
- Control Blood Sugar
- Improve Digestive Health
- Protects Your Heart
- Rich in Antioxidants
- Gluten-Free

Beneficial for Heart Health
Beneficial in treating Stomach Ulcer
Helps in bone growth development and repair
Reduces Cancer Risk

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